

Løypelengder

Snåsa helga 2023

Sprint søndag 26.februar

Klasse	Distanse (km)	Skytinger	Strafferunde
Nybeg. G/J 10 år og yngre	$0,7 + 0,7 + 0,7 = 2,1$ km	L + L	100 meter
Nybeg. G/J 11-12 år	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
G 11 år, G 12 år	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
J 11 år, J 12 år	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
G 13 år, G14 år	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
J 13 år, J14 år	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
G 13 år – 16 år Nybeg.	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
J 13 år – 16 år Nybeg.	$1,0 + 1,0 + 1,0 = 3,0$ km	L + L	100 meter
G 15 år, G 16 år	$2,0 + 1,0 + 2,0 = 5,0$ km	L + L	100 meter
J 15 år, J 16 år	$1,3 + 1,3 + 1,3 = 3,9$ km	L + L	100 meter
M 17 år, M 18 år, M19 år	$3,0 + 2,0 + 2,0 = 7,0$ km	L + S	150 meter
K 17 år, K 18 år, K 19 år	$2,0 + 2,0 + 2,0 = 6,0$ km	L + S	150 meter
M 20-22	$4,0 + 3,0 + 3,0 = 10,0$ km	L + S	150 meter
K 20-22	$3,0 + 2,0 + 2,0 = 7,0$ km	L + S	150 meter
Menn Senior	$4,0 + 3,0 + 3,0 = 10,0$ km	L + S	150 meter
Kvinner Senior	$3,0 + 2,0 + 2,0 = 7,0$ km	L + S	150 meter
Menn Miljø	$1,0 + 1,0 + 1,0 = 3,0$ km	L + S	150 meter
Kvinner Miljø	$1,0 + 1,0 + 1,0 = 3,0$ km	L + S	150 meter